

Alpine Skiing Pathways after High School

Type of Competition:	 Post-Graduate/ US National Teams www.usskiandsnowboard.org	 NCAA www.ncaa.org	 USCSA (www.uscsa.org) Varsity and Club teams both compete in the same series	
			USCSA Varsity	USCSA Club
Scope	Highest level of competition: FIS elite, NorAm, Europa Cup, World Cup, Olympics	FIS racing at elite level against NCAA ski teams (Div I, II, III all compete in the same race series; 2 regions: East and West). Schedule includes regular season races, regionals and Nationals.	FIS, U.S. Ski and Snowboard (USSS) and non-USSS racing during the regular season against college Varsity and Club teams. Schedule includes regular season races, regionals and Nationals.	USSS and non-USSS racing during the regular season against college Varsity and Club teams. Schedule includes regular season races, regionals and Nationals.
Expectation	Highest competitive level. Must qualify to meet team criteria and must produce to stay on team or be selected for key competitions (i.e. Europa Cup, World Juniors, US Nationals).	Highly competitive level; many team members are former US or foreign national team racers; recruit 1-2 new racers per gender per year with varsity rosters of about 8 athletes per gender.	Competitive but inclusive; varsity rosters average about 7 athletes per gender; "B" team may also compete throughout the regular season. 2-5 teams from each region and 1 outstanding individual per gender qualify for Nationals.	Competitive but inclusive; team size varies by school and club budget. All athletes are eligible to compete throughout the competition season. 2-5 teams from each region and 1 outstanding individual per gender qualify for Nationals.
Typical FIS/USSA (Alpine) Points	Generally 20 or below FIS points in multiple events but eligibility is based on USST criteria involving rankings, performance at National races.	25-100 FIS points in 1 event; 30-50+ points in the other	<150 points in both events. Check team rosters and results as the competitive level varies from school to school and from year to year.	Rosters may vary to include athletes from elite to entry level experience. Check team rosters and results as the competitive level varies from school to school and from year to year.
Cost/Fees/Aid	Varies based on A, B, C or Development team from fully funded to varying levels of athlete support.	School funded, some athletic scholarships available (for DI, DII non-Ivy schools)	School funded w/ possible outside sponsors. Equipment usually paid by athlete. Some athletic scholarships and academic scholarships available.	Club dues and some race fee support depending on the school's arrangement w/ team. Equipment paid by athlete. Some academic scholarships available.
Training/Racing	Most of year	Fall dryland, race season; optional summer training	Fall dryland, race season; optional summer training	Optional fall dryland; race season
Race Season Race Venues	Most of year Europe, North & South America, Australia/NZ	Late Nov. – April U.S.	Late Nov. – April U.S.	Jan. - March U.S.
Disciplines	Alpine: DH, SG, SC, GS,SL	Alpine: SL, GS	Alpine: SL, GS, Parallel SL	Alpine: SL, GS, Parallel SL
Championships	World Cup, NorAm, US Nationals, Olympics	NCAA Nationals NOR AM finals US Alpine National Champs.	USCSA Nationals Individual may qualify for NCAA Nationals through regional competition	USCSA Nationals
Average Athlete	15 yrs. to 30+ years old	18-25 year old athletes; May PG 0-3 yrs. before college	Mostly 18+	Mostly 18+
# Competitors- Season (Indiv/Teams)	Varies based on criteria; usually 1-8 athletes per team (A,B,C and Development)	2 Regions: 13 teams: East 6 teams: West	Over 175 teams compete in USCSA; 11 conferences, 6 regions.	Over 175 teams compete in USCSA; 11 conferences, 6 regions.
# Competitors- Championships (Indiv/Teams)	Varies based on meeting qualifications or national rankings	35 m, 35 w (max of 3 athletes per gender per team who qualify)	Over 200+ Alpine compete at Nationals (max of 5 athletes per gender per team who qualify and top 3 results scored for team)	Over 200+ Alpine compete at Nationals (max of 5 athletes per gender per team who qualify and top 3 results scored for team)
Coaching	Paid coaching staff	Paid coaching staff. Student leadership opportunities may also be available.	Paid coaching staff. Student leadership opportunities may also be available.	Varies club by club: Volunteer or paid coach, student coach(s) or self-coached. Many student leadership opportunities.
Website for more info:	http://www.usskiteam.com/	http://www.ncaa.com/sports/skiing/DI	www.uscsa.org	www.uscsa.org
When/How to contact:	Review U.S. Ski and Snowboard guidelines for USST eligibility and contact regional U.S. Ski and Snowboard representatives for more information. Attend elite races and national and regional development system programs.	Email or call a coach to arrange a visit or learn more about the team. Follow NCAA guidelines for eligibility, etc. on NCAA Clearing House. http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.html	Email or call a coach to arrange a visit or learn more about the team; adhere to NCAA Clearing House Guidelines if D-I school. http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.html Attend a Fall USCSA College Fair if nearby. USCSA email: help@uscsa.org	Email or call the coach or student president of the ski club or "club sports" office at college/university for more information. Attend a Fall USCSA College Fair if nearby. USCSA email: help@uscsa.org